Good Eucharistic Practice

Communion from the Cup

When we speak of the Blessed Sacrament we mean the consecrated bread and wine. In leaving us the Eucharist, Jesus said, Take this bread and eat of it: this is my body. and Take this and drink from it: this is the cup of my blood.

Both are integral to our holy communion - the cup is not an optional extra or a second rate sacrament of the Risen Lord.

Of course we know theologically that we receive the living Christ under either species. But is our belief betrayed by our practice? It is extremely poor liturgy to cut the sacramental symbolism in half as the normal regular parish practice.

The importance of receiving communion from the chalice is spelled out in the General Instruction of the Roman Missal. Holy Communion has a fuller form as a sign when it takes place under both kinds. For in this form the sign of the Eucharistic

banquet is more clearly evident and clearer expression is given to the divine will by which the new and eternal Covenant is ratified in the blood of the Lord, as also the connection between the Eucharistic banquet and the eschatological banquet in the Kingdom of the Father (GIRM 281). Thus communion from the chalice makes clear links



between the celebration of the Eucharist and the sacrifice of the cross on the one hand, and our ultimate destiny at the banquet of heaven on the other hand.

Why do parishes not offer the communion cup? Is it thought to be too much trouble or not considered necessary? Why do communicants opt not to receive from the cup? Is it that they simply don't like it, or they might catch germs, or they think of it as an unnecessary extra? Such trivial, external considerations do not do justice to the profound, sacred mystery of the living presence of Christ in the blessed Sacrament.

Source: Liturgy News June 2017

Upcoming Events

29 - 31 July CCR 50 Years - Jubilee Cross

3 August Anointing of the Sick Mass -9.15am Mass

6 August The Transfiguration of the Lord

15 August The Assumption of the Blessed Virgin Marv

9.15am & 7 pm Masses

20 August Confirmation Commitment Day

Mass at other locations:

Sunday August 13th at 5pm Parish Mass in St Augustine's Hall St Augustine's School - Golf Links Road

St Francis Xavier Parish Prayer

滥 O God, eternal Lord of all things: You created humanity in your image and likeness and so loved the world that you gave your only begotten Son so that whoever believes in him might have life and have it to the fullest. Grant that, in imitation of the servant of Christ, Saint Francis Xavier, who carried the good news of salvation to many people we may courageously proclaim your Word and be the salt of the earth and light of the world. Amen.

Feast Days: 24 July: St Sharbel Makhluf

25 July: St James

26 July: Sts Joachim & Anne

29 July: St Martha

Other Groups/Activities:

St. Vincent de Paul Society

meets 1st & 3rd Mondays 4pm in Xavier Centre.

Donations/Assistance: 9769 6060

Membership: 0438 573 694; 9770 5570; 9783 3976

Furniture Donations: 1800 621 349 Friendship Club (Seniors): 1st Wednesday of month in the Xavier Centre at 10.30am. Bus trips on 3rd Thursday of month.

Contact: Marie - 9775 8737

Knitting Group: Contact Yvonne - 5976 8480

Prayer Line: Carolyn Gobel - 5971 3103

Parish Cuppa: 1st Sunday of month after the 10.30am Mass in the Xavier Centre.

Other Cuppas: Every Thursday after 9.15am Mass in the Quilter Room and every Sunday after the 10.30am Mass in the Xavier Centre. Contact the Parish Office for information about the following: Catechist Program, Cell Groups, Youth Group and Fundraising activities.

> **Next Sunday's Readings for Reflection -17TH SUNDAY ORDINARY TIME** 1st Reading 1 Kings 3:5. 7-12 2nd Reading Romans 8:28-30 Gospel Matthew 13:44-52

SUNDAY COLLECTION 16.07.2017

Thanksgiving Offering-Pledged - Church Thanksgiving Offering-Pledged - Presbytery \$

Please ensure you write your dollar amounts on each side of the envelopes. Thank You Collection will be taken up after the Prayer of the Faithful.



St Francis Xavier Parish, Frankston

60 Davey Street, Frankston 3199 Tel: 9783 3484 Fax: 9783 2210 Email: frankston@cam.org.au

Website: www.cam.org.au/Frankston

Parish Priest Fr Chinua Okeke CSSp. chinua.okeke@cam.org.au Assistant Parish Priest Fr Jude Agorchukwu CSSp jude.agorchukwu@cam.org.au

Fr. Neil Fryer (Ordinariate OLSC) **Honorary Associate:**

Secretary: Ms. Vicki Abbatangelo

Parish Schools: St Augustine Principal Jan de Koning 9781 3007

St Francis Xavier Principal Colleen McGreal 9783 3424 9784 0200 John Paul College Principal John Visentin

Wednesday after 9.15am Mass Vigil Mass -Saturday Evening 6.00pm Sunday 8.30am, 10.30am, 5.30pm

Weekday Masses

Tuesday - Saturday 9.15 am Monday - $1^{st} + 3^{rd}$ Mondays of month

Liturgy of Word and Communion Service

Sunday Masses

Monday - 9.15am 2nd + 4^{th +}+ 5th Mondays of month

Anointing Mass

9.15am First Thursday of month

Exposition of Blessed Sacrament & Adoration

This Sunday's Readings:

Wednesday 8.40am-9.10am Friday after 9.15am Mass

Rosary

Children's Liturgy

Sunday during 10.30am Mass

Charismatic Prayer Group

Wednesday: 7.30pm in Chapel

Legion of Mary

Friday: 2pm in Quilter Room

Divine Mercy

Friday: 3pm in Chapel (private prayer)

Charismatic Prayer for Healing

3rd Sunday of month: 5.15pm music, then Prayer for Healing

after 5.30pm Mass

Teach, Preach, Reach (TPR), Adoration

23rd July 2017

16 Sunday ín Ordínary Tíme

Year A

& Healing after 5.30pm Mass

4th Sunday of month

Cell Groups

Tuesday: 10.00am in Quilter Room Thursday: 7.30pm in Quilter Room

Confessions

Saturday: 10am - 10.30am, Saturday: 5.30pm - 5.50pm

The Sacrament of Baptism

1st Sunday of month during the Masses. (Saturday Evening Mass inclusive)

4th Sunday of month at 11.30am (after the 10.30am Mass)

1st Reading Wisdom 12:13. 16-19 & 2nd Reading Romans 8:26-27

Gospel: Matthew 13:24-43 A reading from the Holy Gospel according to Matthew

Jesus put a parable before the crowds, 'The kingdom of heaven may be compared to a man who sowed good seed in his field. While everybody was asleep his enemy came, sowed darnel all among the wheat, and made off. When the new wheat sprouted and ripened, the darnel appeared as well. The owner's servants went to him and said, "Sir, was it not good seed that you sowed in your field? If so, where does the darnel come from?" "Some enemy has done this" he answered. And the servants said, "Do you want us to go and weed it out?" But he said, "No, because when you weed out the darnel you might pull up the wheat with it. Let them both grow till the harvest; and at harvest time I shall say to the reapers: First collect the darnel and tie it in bundles to be burnt, then gather the wheat into my barn."

He put another parable before them, 'The kingdom of heaven is like a mustard seed which a man took and sowed in his field. It is the smallest of all the seeds, but when it has grown it is the biggest shrub of all and becomes a tree so that the birds of the air come and shelter in its branches.'

He told them another parable, 'The kingdom of heaven is like the yeast a woman took and mixed in with three measures of flour till it was leavened all through.' In all this Jesus spoke to the crowds in parables; indeed he would never speak to them except in parables. This was to fulfil the prophecy: I will speak to you in parables and expound things hidden since the

foundation of the world. Then, leaving the crowds, he went to the house; and his disciples came to him and said, 'Explain the parable about the darnel in the field to us.' He said in reply, 'The sower of the good seed is the Son of Man. The field is the world; the good seed is the subjects of the kingdom; the darnel, the subjects of the evil one; the enemy who sowed them, the devil; the harvest is the end of the world; the reapers are the angels. Well then, just as the darnel is gathered up and burnt in the fire, so it will be at the end of time. The Son of Man will send his angels and they will gather out of his kingdom all things that provoke offences and all who do evil, and throw them into the blazing furnace, where there will be weeping and grinding of teeth. Then the virtuous will shine like the sun in the kingdom of their Father. Listen, anyone who has ears!'

The Gospel of the Lord

Praise be to you Lord Jesus Christ



HOMILY FOR THE SIXTEENTH SUNDAY IN THE ORDINARY TIME YEAR A



The first reading from the book of Wisdom (Wis 12:13,16 -19), reminds us about the greatness of our God. God is un-surpassing, yet He takes care of everyone. He judges justly. We read that, "your justice has its source in strength, your sovereignty over all makes you lenient to all.... By acting thus, you have taught a lesson to your people how the virtuous man must be kindly to his fellow men, and you have given your sons and

daughters the good hope that after sin you will grant repentance". I invite you to pause and reflect on the phrase, God's 'justice has its source in strength'. It means that no one can appeal against God's verdict, and God is not answerable to anyone. However, he relates with us not as someone living in unapproachable light, but as a father relates with his sons and daughters. The fourth Eucharistic prayer stated that when we had lost the friendship of God through disobedience, God did not draw the curtain on us but sent the prophets to prepare us for the coming of our Lord and saviour Jesus Christ. Jesus Christ during his earthly ministry, reached out to people from different walks of life and when his disciples were arguing about which of them was the greatest, he cautioned them that one can become great only through serving others (Mk 9:35). We do not become great by being authoritarian or judgemental.

The second reading underscores the importance of prayer in our lives. It draws our attention to the role of the Holy Spirit in our prayer life, for it is through the Spirit that we can attune ourselves to the mind of God. Sometimes we may be overwhelmed by what is happening in our lives but the Spirit helps us to choose the right words or action.

In the gospel, Jesus used parables to describe the kingdom of God. In one of the parables, Jesus compared the kingdom of God to a farmer who sowed good seeds in his farm, however, while he was asleep at night, his enemies went into his farm and sowed weeds alongside his crops. Both the wheat and the weed sprouted and began to grow. The farmers servant enquired of the farmer if he would permit them to uproot the weeds, but the farmer cautioned his servants not to uproot the weeds because the wheat and the weeds looked alike, least in uprooting the weeds, they may also uproot the wheat. However, when the wheat bear fruit, then one will be able to decipher which of the plants are wheat and which of them are weeds. Indeed, by their fruits we shall know them! (Matt 7:16).

One of the lessons we take from the readings of today is that God is not quick to judge us, He gives us time to repent and amend our ways. So, we should not be so quick in judging others because we may not have the whole picture. How often have we made a judgement about someone's action only to discover later that our conclusion was not right? In my teenage years, I was irritated by the voice of a certain teenager because his voice sounded like a mosquito buzz to me. However, my opinion about him changed and we became good friends after I learnt he was born premature. Again, you may think that someone is lazy, but you may not know that the person grew up as a spoiled brat.

Recently, I received a video clip from the social media. In the video clip, a young man in his thirties was seated in a car while his fallen wallet was lying on the ground. When he saw a passer-by, he called out to him to help him pick up his wallet. This young man stared angrily at his fellow young man who was seated in the car and had asked him to help him pick up his wallet from the ground. In anger, he kicked the wallet further away from where it had fallen and walked away. The young man whose wallet had fallen used his teeth to open the car door and alighted from the car. He then knelt and tried using his teeth to pick up the wallet from the ground because he was armless. When the young passer-by who had kicked away the wallet realised what was happening from a distance, he rushed back to the aid of the armless man whose wallet had fallen. He then realised he was too quick to judge. Hence, we should never rush to judgement for all that glitters may not be gold. Fr Chinua Okeke CSSp

We pray with loving and trustful hearts for Wendi Courtney, Harry & Donna Arnold, Billy Coburn, Ross Monterosso, Paul Czubryj, Vima & Salih Basic, Greg Davine, Gloria Resubal, Alish Fitzgibbon, Graeme Purdon and for all our Parishioners, friends and family who are not doing so well at this time, that they will recognize the hand of our Merciful and Loving God in difficult times. We pray for Cathy Arvaji and Jaroslav Prib who died recently and for Eletra & Lombardo Di Federico, Aurelio Carriedo, Thomas Alaimo, Joan Dwyer, Chacko, Anthony Cadby, K.V. Paily and all those whose anniversaries occur at this time. May the souls of all departed rest in the peace and love of God.

Children's Liturgy resumes this Sunday 23rd July 2017.



29 - 31 July - JUBILEE CROSS (Catholic Charismatic Renewal) Celebrating 50 years

The Jubilee Cross is being carried to 40 parishes in 40 weeks to show God's love for all people. The Cross will be here at St Francis Xavier Parish Frankston Sat 29th July until Monday morning 31st July - leaving after the 9.15am Mass.

The Jubilee Cross will be brought in, in-procession at the beginning of every Mass next Sunday. There will be Benediction and Adoration after the Sunday Vigil Mass (Saturday 6pm) and Sunday evening Mass (5.30pm)

Come as we all unite in lifting Jesus up through Mass, Prayer and Praise at the foot of The Cross. This will be a great time together in this year of Jubilee. It is a time of restoration for our families, cities and world in need.

Come and join us -

ANTI EUTHANASIA ACTIVITIES IN FRANKSTON

Over the last few weeks Professor William Toffler, a doctor with 35 years' experience, from Oregon in the United States, has been in Australia giving addresses and interviews about what is really happening in his home state, where assisted suicide has been legal for 20 years. He explodes the myth that everything has been going "just right" in Oregon. His address to members of the Victorian Parliament was brilliant, and has been beautifully recorded on YouTube for anyone to access. If you would like to be better informed, by a real expert, just go to the Web address shown below

http://righttolife.com.au/resources/videos/216-professor -toffler-on-euthanasia-myths Michael Long - Anti-Euthanasia Co-ordinator

A video of Fr Chinua's 23rd Ordination Function is available: https://www.dropbox.com/s/

bw0xqkxin0u8iea/Fr%20Chimua%27s% 2023%20Aniversary%20of%20Priesthood%2C%

20b.mp4?dl=0

For Your Interest and Diaries

St Francis Xavier - Frankston

- Please join the Teach, Preach, Reach (TPR) Group this Sunday (4th of each Month) for Adoration & Healing after 5.30pm Mass
- Thank you for supporting this year's Catholic Mission Church Appeal through your kind gifts and prayers - for joining in Jesus' life-giving mission and supporting women and children's health in Uganda and around the world. We raised \$ 1019. Thank you.
- St Vincent de Paul Society (Mornington Conference) will be holding a Musical Concert in our Xavier Centre on Sunday 13th August at 2pm. All monies raised will enable Vinnies Mornington to help those in need. Please contact: Elvira on 5974 2607.

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Every Thursday night - 6pm Mass; First Sunday of month - 4pm Mass Mass at other locations



The next Mass will be 13th August at 5pm Parish Mass in St Augustine's Hall, St Augustine's School Golf Links Road

External

- ◆The Dominican Friars invite young men to a Vocations Discernment Day to be held at St Dominic's, Camberwell. Learn more about vocations discernment, religious life, and the Dominican charism. The day will commence with Holy Mass at 9am in the Church. Cost is free though we do ask you to RSVP by July 25th to let us know you are coming and any dietary requirements. WHO: YOUNG MEN (17-36) DATE & TIME: SATURDAY JULY 29th AT 9.00AM - 4.00PM WHERE: ST. DOMINIC'S CHURCH AND PRIORY, 816 Riversdale Rd Camberwell COST: FREE RSVP (by July 25): FR THOMAS AZZI OP on vocations@op.org.au.
- ◆ Mary MacKilop Heritage Centre will hold an open day on Saturday 5th August between 10am - 4pm in honour of the Feast of St Mary MacKillop. See notice board.
- John Paul College Open Day Thursday 10th August Please register at www.jpc.vic.edu.au

New comers / notification

Welcome and thanks for worshipping with us at St Francis Xavier. If you are new to the parish or

Thanksgiving Envelopes, please fill in your details and drop it in the collection bag or give to the priest.
Name:
Address:
Phone:
New Change of Address
I would like Thanksgiving Envelopes